



Day Menu Sample Menu

Breakfast

Tempeh BLT w/ homemade vegan mayo

Blueberry breakfast cake

Lunch

Lentil and mushroom Sheppard's pie with cauliflower topping

Braised red cabbage with apples and port

Maple roasted carrots with almonds

Fennel orange salad

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Vegan pumpkin tart with candied almonds and vegan whipped cream

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enjoy!

We are also available for 5 and 6 course vegan dinners as well as cocktail parties and special events with our original recipe 'living' cocktails featuring our homemade bitters, syrups and homebrewed mixers.

<http://www.bloomandecho.com>

